



Contemporary Nutrition challenges all our active patients, who are teachers & assistant teachers to spend your last 6 weeks before school starts slimming down for school supplies!

For every pound you lose between your weigh-in dates, we will donate \$5 towards your classroom school supplies.

Each pound lost will earn you a \$5 Staples gift card!

Patient Name: _____

School System: _____

Signature: _____

Sign up and Weigh-in: (July 15th – 19th, 2019) _____

2nd and Final Weigh-in (Aug. 19th – 23rd, 2019) _____

- ** Patients must be a current teacher / assistant teacher in a Carteret, Craven, Onslow, Pamlico, or Jones County Public or Private Schools in grades Kindergarten to 12th grade.**
- ** Patients must weigh-in at a Contemporary Nutrition location.**
- ** Active Patients = must have been seen in the last 3 months.**
- ** Patients cannot participate if they have had Bariatric Surgery in the last 18 months.**

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